Homewood-Flossmoor Park District
South Side Snow Rail Jam Waiver & Release

***Free Riding**

IMPORTANT INFORMATION

The Homewood-Flossmoor Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Homewood-Flossmoor Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for sledding/tubing/snowboarding activities. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

It is recommended that you wear a helmet when sledding/tubing/snowboarding and avoid sledding/tubing/snow boarding with a long scarf dangling. It could get caught on something and strangle the participant. Never sled/tube/snowboard down slopes towards a street. Never stand up on a sled, tube, or toboggan. Never pile on more people than the sled/tube was designed for. If a collision is going to happen, roll sideways off the sled/tube/snowboard and protect your head with your hands and arms. When at the end of your run, move quickly off to the side to avoid collision with other sledders/tubers/snowboarders coming down the hill. Always walk up the hill well off the sledding path.

WARNING OF RISK

Sledding/tubing/snowboarding challenges and engages the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including, but not limited to, head injury, brain damage, spinal cord injury, fractures and bone and joint injuries. Understandably, not all hazards and dangers can be foreseen. The very nature of sledding/tubing/snowboarding is hazardous and risky, including but not limited to inexperience, losing control, snow blindness, overexertion, horseplay, carelessness, falling, collisions with other participants and with stationary objects and obstacles, lack of skill or technique, poor or defective equipment, acts of God, inclement weather, icy and dangerous conditions, inadequate supervision or instruction, dangerous surface conditions, and all other risks inherent to sledding/tubing/snowboarding and outdoor winter activities. In this regard, it must be recognized that it is impossible for the Homewood-Flossmoor Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against the Homewood-Flossmoor Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Homewood-Flossmoor Park District").

I do hereby fully release and forever discharge the Homewood-Flossmoor Park District, Raging Buffalo & Snowcrest Ski & Snowboard Center from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

HELMETS ARE REQUIRED–they will not be provided, but you may borrow from other riders at the event if needed.

Please Print Participant's Name Participant's Signature(if under 18-parent/guardiansign)

Date_____ _____ _____

PARTICIPATION WILL BE DENIED
If the signature of adult participant or parent/guardian and date are not on this waiver.

Full Address:_____ Email: _____

Phone:_____ Age_____ Skier or Snowboarder